

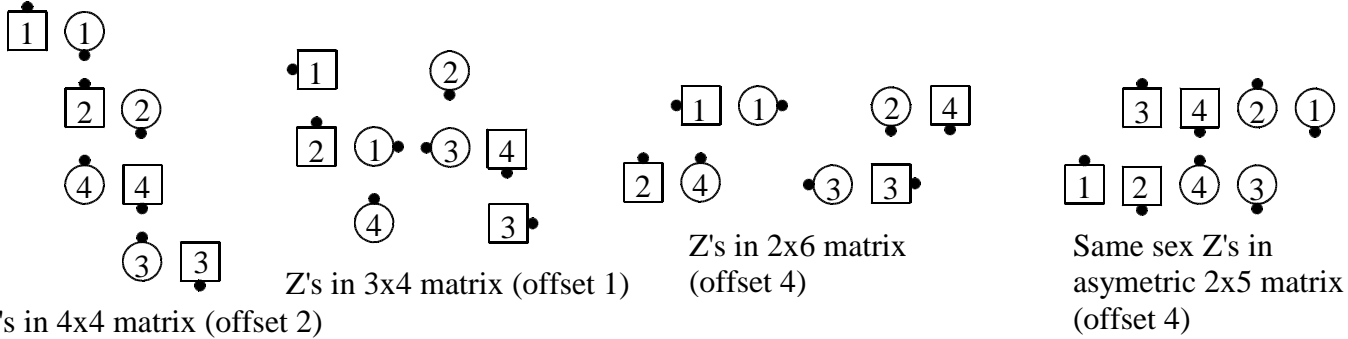
# Keith's Class by Keith Rubow

## Z Concept

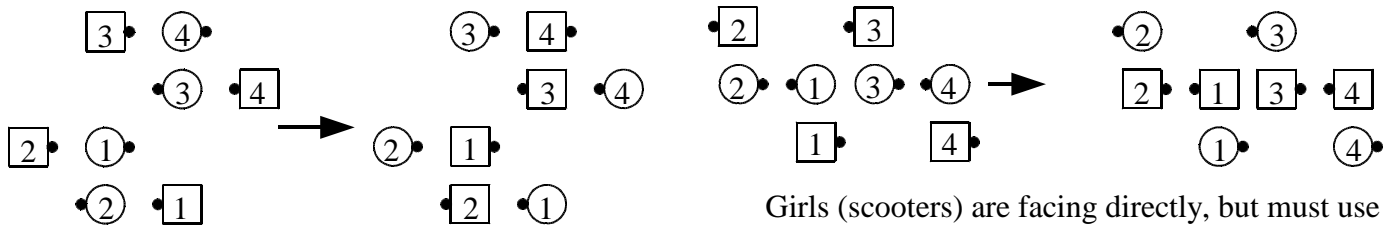
Welcome to Keith's Class. This month we will look at the Z concept. A "Z" is just an offset (distorted) box of four. Calls done in the Z concept must end on the same footprints, so only calls that start and end in a box of four are legal. This sounds simple enough, but you must remember both the offset direction and the position of your Z relative to the other Z to get back to the proper footprints at the end of the call.

**DEFINITION:** Work in your offset box of four (you will only work with the four dancers in your own Z), and do the call (which must end in a box of four), to end on the same footprints as you started.

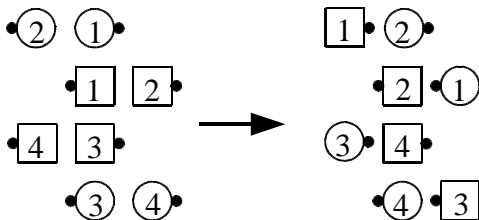
**Examples of Z's** Z's can exist in many formations. Half of the problem is finding your Z in the first place! Hint: If there is a phantom directly between you and another dancer, he is NOT in your Z.



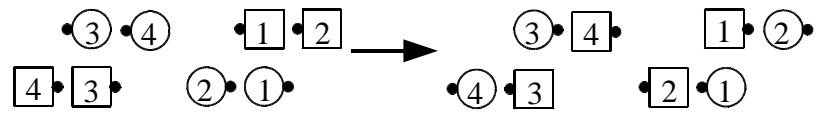
## Z Scoot back



## Z Vertical 1/2 Tag



## Z Vertical 1/2 Tag



## Z Catch 2

