

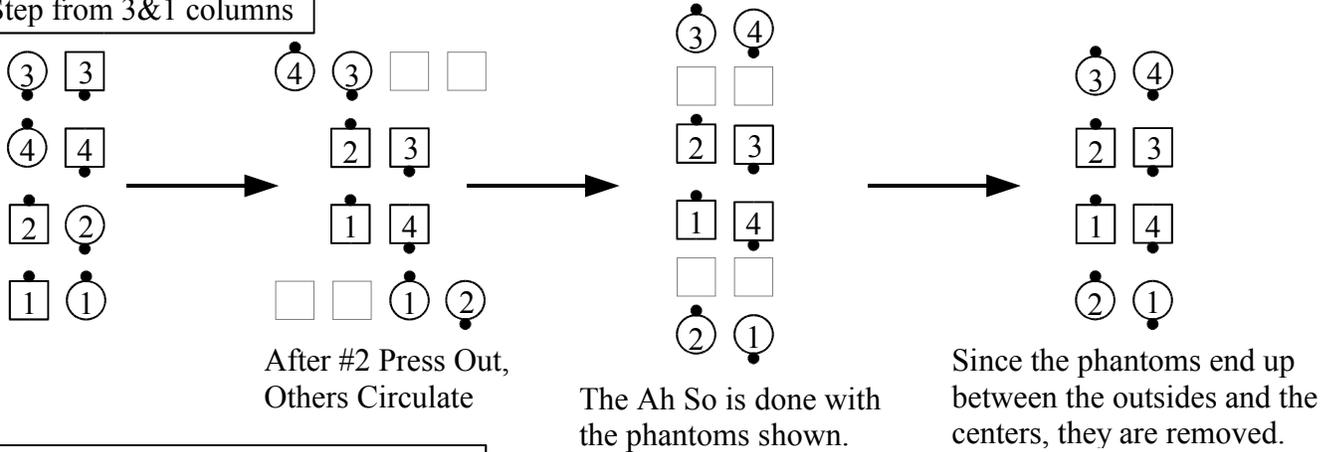
# Keith's Class by Keith Rubow

## QUICK STEP

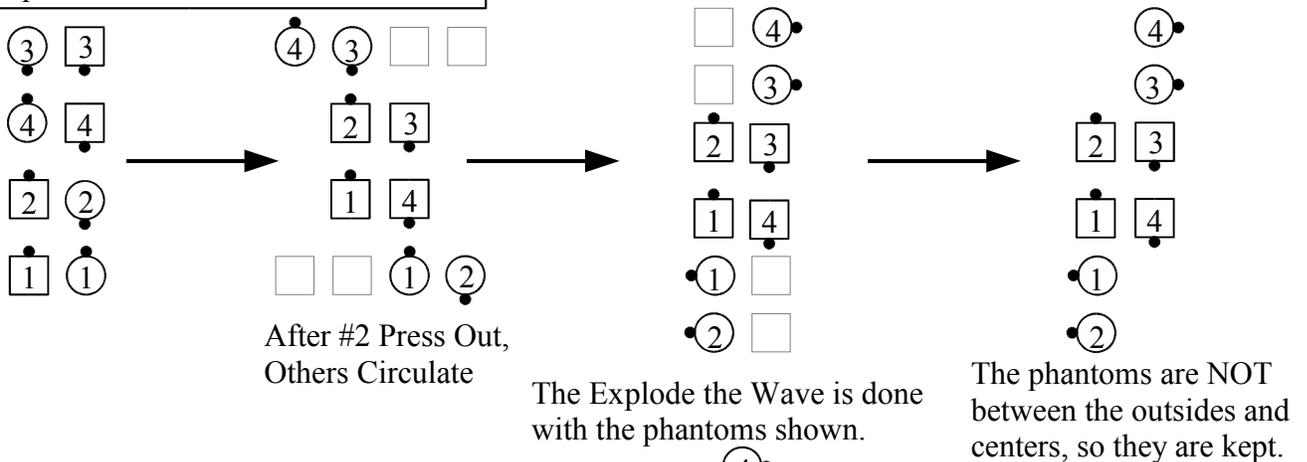
Welcome to Keith's Class. This month we will look at Quick Step/Quick <anything>. There are some interesting breathing rules for those that end up on the outside.

**DEFINITION:** #2 in column Press Out and Phantom Ah So (or <anything>) with adjacent dancer. Others (#3 and #4 in column) Circulate. Phantoms between the Outsides and the Centers are removed.

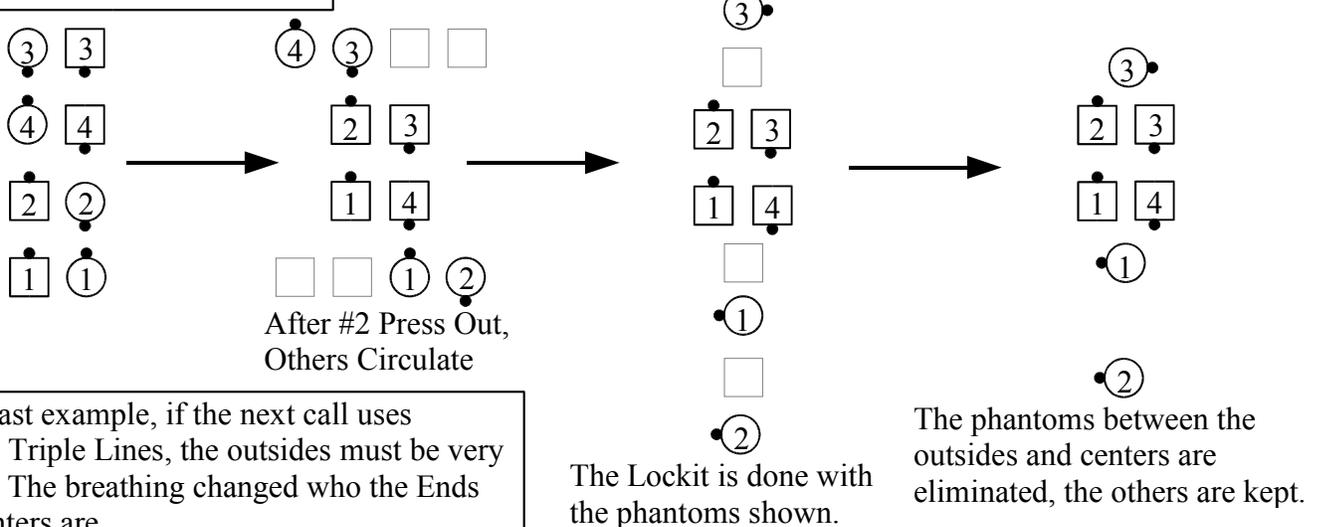
### Quick Step from 3&1 columns



### Quick Explode the Wave from 3&1 columns



### Quick Lockit from 3&1 columns



In this last example, if the next call uses Outside Triple Lines, the outsiders must be very careful! The breathing changed who the Ends and Centers are.